

# YOU'RE INVITED

## Utah Behavioral Summit 2018

### Friday, September 28

7:30 am Registration

8:00 am Program

12:00 pm Closing

### Lamb Auditorium

St. Mark's Hospital

1200 E 3900 St.

Salt Lake City, UT

Breakfast will be provided.

Space is limited.  
Please register by  
September 19.

**REGISTER NOW**

Join us for the **Cigna Utah Behavioral Health Forum** presented in conjunction with MountainStar Healthcare and The Enterprise, on Friday, September 28.

At this year's Behavioral Health Forum, we will discuss the effect mental health and addiction has on Utah businesses and their employees. We will also share ideas on raising awareness and breaking down the barriers to treatment and support.

Featured topics include:

- **Government Initiatives on Mental Health**
- **Mental Health Trends - National and Local**
- **Addressing Mental Health and Substance Use Disorder Stigma in the Workplace**
- **Anxiety and Depression in the Workplace**
- **Panel Discussion: Integration, Innovations, Personal Stories**

Join us for this opportunity to learn, share and network.

Best,



John Roble  
President, Mountain States  
Cigna

*This forum is eligible for continuing education units.*

**Together, all the way.®**



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